

Food - Drug Interactions

Does the food you eat affect the medicine you are taking?

Ciprofloxacin (Cipro®)

What is this medicine used for?

To fight infections and diseases, such as:

Tuberculosis	Lung Infections
Ulcers	Bone Infections
Joint Infections	

What foods should I avoid if I take Cipro®?

Milk	Yogurt
Caffeine	Coffee
Soda Pop	Chocolate
Tums®	Multi-vitamin
Mylanta®	Orange Juice with added Calcium
Maalox®	



(If you choose to take a multi-vitamin, take it 6 hours **before** or 2 hours **after** you take Cipro®)

What could happen if I take Cipro® and these foods at the same time?

- Your infection will not go away
- Your disease will not get better
- You could become excitable and/or nervous