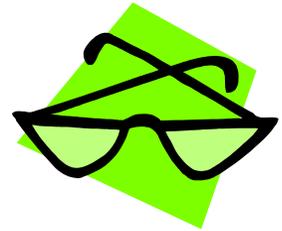


Taking Care of Eyeglasses



1. Cleaning your lenses:
 - Never** wipe your plastic lenses when they are dry
 - Never** wipe your polycarbonate lenses when they are dry
 - Rinse your lenses off under running water
 - Use liquid dish soap or glass cleaner (with ammonia)
 - Wash the lenses to clean off dirt and grease
 - When they are clean, wipe them with kleenex or a lint-free cloth
2. Keep the screws on your glasses' frame tight. If the screws become loose, you could lose a lens from your glasses.
3. Have someone where you had your eyeglasses adjusted tighten the screws or purchase an eyeglass screwdriver set and tighten the screws regularly yourself.
4. Always use two hands to take your glasses off your face. Using one hand twists the frame and can cause the lenses to pop out.
5. Keep your glasses in your case when you are not using them.
6. If you received "Photogray" lenses, they need to be primed before use.
 - Priming the lenses helps them to darken as fast as possible. Put the glasses in their case. Then put the glasses and case in the freezer of your refrigerator for 30 minutes. The extreme cold temperature primes the lenses. **or**
 - Set the glasses with front side facing up in bright sunlight. Leave them in the sun for about one hour. The bright sun light can also prime the lenses.
7. If your lenses become chipped, they should be replaced.

Please call the VA Northwest Network Call Center at 1-888-233-8305 with any problems or questions. They are available 7 days a week, 24 hours a day. They can advise you and can contact the eye doctor on-call for emergencies.